



(Nana's Recipe)

We grew up during the '60's wearing TV Slippers, they are so warm, and making them can be a family activity. Even blokes can make these things!

Ingredients: 14 ply Wool mix (50% Acrylic - 50% Wool), 100grams or 4oz (1 ball per foot)  
 Needles: Imperial UK #5 or #6 / Metric 5.5mm - 5mm / US #9 or #8.



Cast on 29 stitches or 35 for larger adult feet.

Step 1. Knit the first row.

Step 2. Knit9, Purl1, K9, P1, K9 or K11, P1, K11, P1, K11

Alternate Step 1 and 2 for 5 inches (approx 12.5cm)

This forms the Heal to Instep. (see graphic)

Step 3. K2, P2,

Due to the odd number of stitches, make the last stitch Knit1 for every row.

Repeat Step 3 for 4 inches for most children, Otherwise measure the length of your sole to give yourself a total to aim for. E.g. Your foot is 10 inches, so add 5" of Step 3 to Step 1 & 2.

METRIC SIZES (mm)	UK/NZ/CAN Imperial
2.0	14
2.25	13
2.75	12
3.0	11
3.25	10
3.5	-
3.75	9
4.0	8
4.5	7
5.0	6
5.5	5
6.0	4
6.5	3
7.0	2
7.5	1
8.0	0
9.0	00
10.0	000
Needle Sizes	

Ending: Break wool off about 12 inches for sewing up. Thread this through a darning needle. Using the darning needle, thread through the stitches, slipping them off the needle as you go. Pull tight to form a small circle for the toe.



Stitch up the front of the slipper as far as you require, allowing room to put your foot in.

For the heel, sew up the rear portion to form a heel, pull inside out and try for size.

If the slipper is too loose, finger knit a cord to thread around the top of slipper, and add pom poms to taste.

*This page is dedicated to my mum and everybody's  
"Nana",*



*Joyce Evelyn Fletcher.  
1922 - 1978*

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